ZVARĀ
WELLNESS

ZVARĀ WELLNESS: TERMS, CONDITIONS & LIABILITY WAIVER

1. LIABILITY & PHYSICAL SAFETY

- **Assumption of Risk:** I voluntarily participate in yoga, sound, movement and wellness sessions (the “Activities”). I understand that physical activity may involve risks and agree to follow guidance and practise within my own limits.
- **Physical Condition:** I am responsible for informing the facilitator of any relevant health concerns or limitations before participating, seeking medical advice where appropriate, and stopping or adapting activities that cause pain, dizziness or discomfort.
- **Liability:** ZVARĀ Wellness takes reasonable care in providing its services. Nothing in these terms excludes or limits liability for death or personal injury caused by negligence, fraud, or any other liability that cannot legally be excluded.

2. COACHING SERVICES & EXPIRY

- **Nature of Relationship:** Coaching supports wellbeing and behaviour change but is not psychotherapy, medical treatment or a substitute for professional healthcare. Clients remain responsible for their own decisions and actions.
- **Validity Period:** Coaching packages have the expiry period stated at the point of purchase. Clients are responsible for booking sessions within that period.
- **Expiry:** Unused sessions normally expire at the end of the stated period. Extensions or refunds are not routinely offered, except where required by law or agreed in writing.

3. PAYMENT METHODS & FEES

Website prices are the prices payable for online bookings and include applicable online payment costs. A lower price may be available when paying by bank transfer; please contact ZVARĀ Wellness to confirm the amount before booking. Payment must be received before the session or service begins. No separate surcharge is imposed for paying by consumer debit or credit card.

4. CANCELLATION & RESCHEDULING

- **48-Hour Rule:** Please request cancellations or rescheduling at least 48 hours before the scheduled session start time.
- **Late Changes:** Changes within 48 hours or non-attendance normally result in the session being forfeited, or deducted from a package, without a refund, subject to applicable consumer rights and any specific booking terms.

5. REFUND POLICY

- **Bookings and Events:** Bookings are normally non-refundable unless otherwise stated or required by law. Any applicable statutory cancellation or refund rights remain unaffected.
- **Packages:** Unused portions of packages are not normally refundable, except where required by law or agreed in writing. Any specific conditions will be communicated at purchase.

6. PRIVACY & CONFIDENTIALITY

- **Your Privacy:** ZVARĀ Wellness treats personal information shared during sessions confidentially, except where disclosure is required by law or necessary for safeguarding. Personal data is handled in accordance with UK data protection law. Please see our separate Privacy Policy for details.
- **Photography & Video:** Photos or videos may occasionally be taken during events for our website, social media or promotional materials. We will seek permission before using identifiable images or recordings of participants. You may decline without affecting your participation; please tell the facilitator if you have any concerns.

By participating, I acknowledge that I have read and agreed to these terms. I look forward to embarking on this journey of wellness and transformation with ZVARĀ.